

## Who is this leaflet for?

This leaflet offers help and advice for people who think they may be victims of human trafficking in the UK.

## What is human trafficking?

Human trafficking is a serious crime. A person is trafficked if they are brought to (or moved around) a country by others who threaten, frighten, hurt and force them to do work or other things they don't want to do.

## If you are identified as a victim of trafficking, then you will be entitled to:

- help and protection from the UK Government (this is called the National Referral Mechanism). All support is provided on a confidential basis.
- support if you decide to talk to the police.

The **National Referral Mechanism** has been put in place to identify victims of trafficking and refer them to organisations that will offer help and support.

Individuals identified as victims of trafficking are entitled to a minimum recovery and reflection period of 45 days. As part of this, support is provided by the following organisations depending on where the individual is currently based:

- The Salvation Army (England and Wales)
- Tara and Migrant Help (Scotland)
- Migrant Help (Northern Ireland).

## You have rights

You may feel scared, powerless and alone. However, help is available and you have rights and choices. You have the right to:

- independent emotional, medical and practical help. This support could include:
  - finding you temporary safe accommodation.
  - helping you with medical treatment.

- having someone to help you cope with your experience.
- providing an interpreter/translator to help you communicate in English.
- protection: human trafficking is a crime. If you chose to report it to the police they must respond.
- independent legal advice.

You can obtain advice from your legal advisor or a Citizen's Advice Bureau about any compensation you may be able to claim. If you have a support worker, they can assist you in obtaining this advice.

Non-British or European Economic Area Nationals will not be removed from the UK during the recovery and reflection period. If you are identified as a victim of trafficking, you may be considered for a temporary residence permit.

If you are not British or from the European Economic Area (and do not have a right to remain in the UK) then you will be assisted to return to your home country, if it is safe to do so.

## What happens if I decide to tell the police about my experience?

The police will:

- talk to you about what has happened
- offer you protection from those that hurt you
- start an investigation
- keep you informed.

## For help and support, contact:

England and Wales:

The Salvation Army Human Trafficking Helpline

☎ 0300 3038151

Northern Ireland and Scotland:

Migrant Help

☎ 07766 668781

Scotland:

TARA

☎ 0141 276 7724

Throughout UK:

Police

☎ 999 (Emergency number)

☎ 101 (Non-emergency number)

This document is available in other languages (visit [www.gov.uk](http://www.gov.uk)) and in large print and braille on request. Please call +44 (0)207 3334 3555 or email [enquiries@hmgovernment.gsi.gov.uk](mailto:enquiries@hmgovernment.gsi.gov.uk)



HM Government

# Help for adult victims of human trafficking

Your rights if you've been trafficked into exploitation in the UK



The Salvation Army  
Human Trafficking Helpline

**0300 303 8151**