

SAFETY FIRST

Bike Safe...

Cycle safely along our glorious lanes, take plenty of water and always wear high visibility clothing and a helmet.

If going out for the day make sure you have lights that work and when it begins to get dark switch them on.

When leaving your bike:

- Always lock your bicycle, even if you are only leaving it for a couple of minutes.
- Lock your bicycle to an immovable object - a bike rack or ground anchor.
- Lock your bicycle through the frame and secure any removable parts.
- Avoid dimly lit places; leave your bicycle where it can be seen.

On bike rides, please follow the country code and lock all gates, stray livestock can potentially cause fatal accidents.

Whenever you stop PLEASE make sure you take all your rubbish with you.

Contact Dorchester West Safer Neighbourhood Team:

PC 178 Sandy Redford
PCSO 5410 Sarah Pilcher
PCSO 5396 Jacqui Allen

Telephone: 01305 222 222

Mobile: 07500 816292

Email: dorchester-rural-snt@dorset.pnn.police.uk

Dial 999 if a life is in danger or a crime is in progress